**WEIGHT LOSS INJECTIONS/MEDICATION - UPDATE**

We have recently had a number of patients approaching us to request weight loss injections that have been publicised extensively in the media like Tirzepatide (Mounjaro) and Semaglutide (Wegovy) or similar medications to help them lose weight.

Please be aware that NHS GPs in England are **not** permitted to prescribe directly **any** weight loss medications; they are only available through referral to **Tier 3 Specialist Weight Management services** within the NHS, of which there is a current waiting time of between one and two years in this area.

In the absence of weight loss medication for interested patients, the NHS website link below, has a plethora of knowledge and ideas about how to pursue a healthier lifestyle and as such lose weight in the process.  
  
<https://www.nhs.uk/live-well/>